

MARCH 22-23

Table with 9 columns and 3 rows for Wednesday and Thursday events. Includes 'ONE DAY TO WELLNESS' and 'SCW Personal Training Certification'.

SCW CALIFORNIA MANIA® Schedule

Table with 9 columns and 2 rows for Wednesday and Thursday events. Includes 'Schwinn® Indoor Cycling Instructor Certification' and 'SCW Aquatic Exercise Certification'.



Table with 8 columns (A-H) representing different fitness categories like HIIT, Boot Camp, PT, Barre, Dance, Strength, Functional Training, and Mind/Body.

Table with 8 columns (I-Q) representing different fitness categories like Active Aging, Schwinn Cycling, Aqua Starts at Pool, Aqua Starts at Lecture, Nutrition, Ex. Science, Business, Suspension, and Boxing/Circuit.

FR1 7:30am-9:00am event grid with 8 columns.

EXPO OPEN 8:45am-2:30pm

FR2 10:00am-11:30am, FR3 SESS 1 & 2, FR4 2:15pm-3:45pm, FR5 4:00pm-5:30pm event grid with 8 columns.

EXPO OPEN 5:15pm-6:45pm

FR6 EVENING SESSIONS 6:30pm-7:30pm event grid with 8 columns.

SA1 7:00am-8:30am event grid with 8 columns.

EXPO OPEN 8:15am-9:30am

SA2 KEYNOTE & AWARDS 9:30am-10:45am, SA3 11:00am-12:30pm event grid with 8 columns.

EXPO OPEN 12:15pm-3:30pm

SA4 SESS 1 & 2, SA5 3:15pm-4:45pm, SA6 5:00pm-6:30pm event grid with 8 columns.

CHARITY RAFFLE & EXPO OPEN 6:15pm-7:45pm

SA7 EVENING SESSION 7:30pm-8:30pm event grid with 8 columns.

FRIDAY, MARCH 24

SATURDAY, MARCH 25

SUNDAY, MARCH 26

FR1 7:30am-9:00am event grid with 8 columns.

EXPO OPEN 8:45am-2:30pm

FR2 10:00am-11:30am, FR3 11:45am-1:15pm, FR4 2:15pm-3:45pm, FR5 4:00pm-5:30pm event grid with 8 columns.

EXPO OPEN 5:15pm-6:45pm

FR6 6:30pm-7:30pm event grid with 8 columns.

SA1 7:00am-8:30am event grid with 8 columns.

EXPO OPEN 8:15am-9:30am

SA2 9:30am-10:45am, SA3 11:00am-12:30pm event grid with 8 columns.

EXPO OPEN 12:15pm-3:30pm

SA4 SESS 1 & 2, SA5 3:15pm-4:45pm, SA6 5:00pm-6:30pm event grid with 8 columns.

CHARITY RAFFLE & EXPO OPEN 6:15pm-7:45pm

SA7 7:30pm-8:30pm event grid with 8 columns.

SU1 7:00am-8:30am, SU2 8:45am-10:15am event grid with 8 columns.

EXPO OPEN 10:00am-1:30pm

SU3 11:15am-12:45pm, SU4 1:00pm-2:30pm event grid with 8 columns.