

### GREAT LAKES

- A** HIIT/GROUP TRAINING Superior
- B** BOOT CAMP/GROUP EX. Ontario
- H** MIND/BODY Okeechobee 1 & 2
- P** SUSPENSION Foyer

### TOWER

- I** ACTIVE AGING/ RECOVtERY Tampa Bay 1, 2, 3 (2<sup>ND</sup> FLOOR)
- L** AQUA LECTURE Florida Bay 2 (1<sup>ST</sup> FLOOR)
- M** NUTRITION/HEALTH Florida Bay 1 (1<sup>ST</sup> FLOOR)
- N** EXERCISE SCIENCE/LEADERSHIP Florida Bay 1 (1<sup>ST</sup> FLOOR)
- Q** BOXING/CIRCUIT Tampa Bay LOBBY (2<sup>ND</sup> FLOOR)

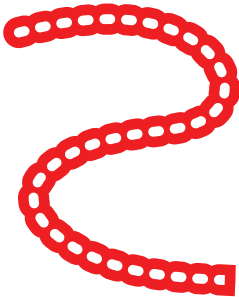
### OCEANS

- C** PT/SMALL GROUP Pacific
- D** BARRE Indian
- E** DANCE Arctic
- F** STRENGTH/SPECIALTY Mediterranean A & B
- J** SCHWINN® CYCLING Coral A & B
- O** BUSINESS Caribbean A
- SCW** SCW MEMBER ROOM Caribbean B

### LAGOON POOL

- K** AQUA ACTIVITY Pool

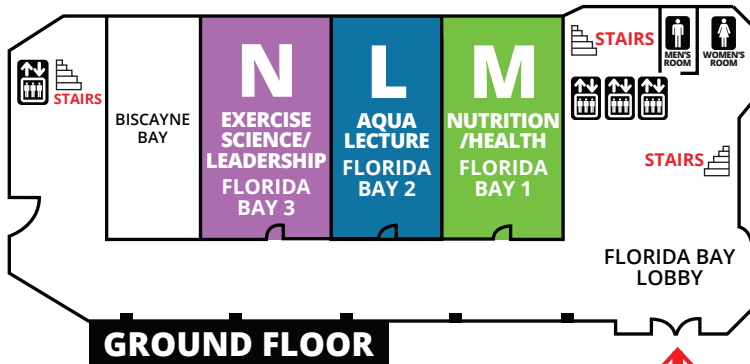
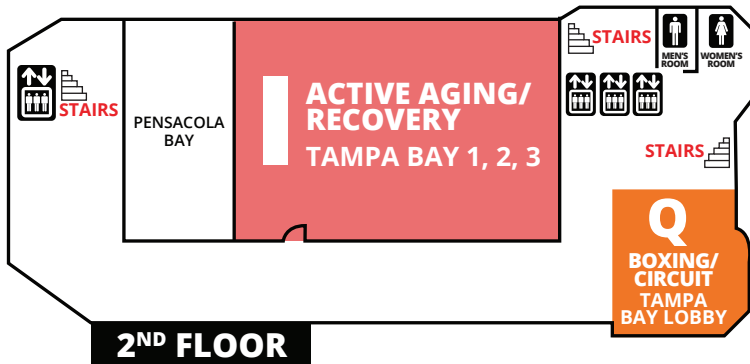
### WALKING DIRECTIONS



Red & white dotted line represents walking path between buildings with SCW MANIA® sessions.

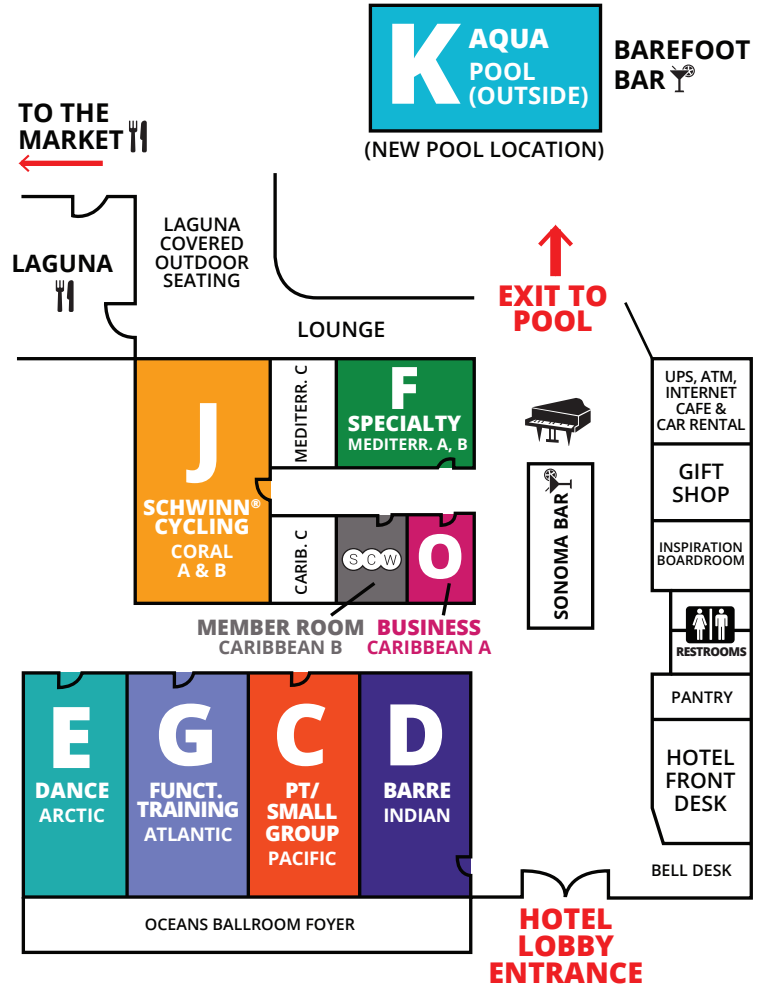
# TOWER

(TALLEST BUILDING)



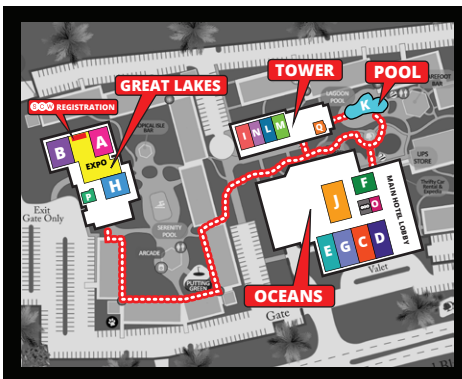
**OUTLINES, EVALS & CECS** [www.scwfit.com/FL17](http://www.scwfit.com/FL17)

# OCEANS



# Florida MANIA<sup>®</sup>

SCW



# GREAT LAKES

# Florida MANIA

SCW

## EXPO & SPONSORS

### EXPO HOURS

**THURSDAY, MAY 4:** 5:00PM – 7:00PM

**FRIDAY, MAY 5:** 8:45AM – 2:30PM  
5:15PM – 6:45PM

**SATURDAY, MAY 6:** 8:15AM – 9:30AM  
12:15PM – 3:30PM  
6:15PM – 7:45PM

**SUNDAY, MAY 7:** 10:00AM -1:30PM

BALANCED BODY.....24, 25	LABLAST.....18	POWER SYSTEMS.....1, 2
BODY TALK.....28	MUSCLE MIXES.....21	RYKA.....16, 17
BOLLYX.....19	MYOBUDDY.....10	SAVVIER.....3, 4
CA UNIVERSITY OF PA.....26	NAMIRSA.....32	SCHWINN.....33
FITNESS ED. SEMINARS .....11	ONE BEAT CPR + AED.....27	SCW.....7, 8, 9, 12, 13
FXP.....20	PILOXING.....5	THE SHIFT FORMULA.....36
GLIDE.....6	PLYOGA.....34	WATERROWER.....35
INFRA WAVES.....30	POUND.....29	WATERinMOTION®.....By pool
KITCHEN CRAFT.....31	POWER MUSIC.....22, 23	ZUMBA.....14

### PREMIERE SPONSORS



### CO-SPONSORS



### ASSOCIATE SPONSORS



### HOTEL PARKING INFORMATION

Parking is FREE for 2017 Florida MANIA® Attendees!



**OUTLINES,  
EVALS &  
CECS**

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