

FRIDAY, August 21, 2020

Total Conference CECs (based upon attendance at all Conference Sessions)

*Provider Numbers supplied at end of convention

ACE = 2.0
 ACSM = 23.75
 AEA = 20
 AFAA = 19
 NASM = 1.9
 NFPT = 4.75
 SCW = 23.75

	ACE	ACSM	AEA	AFAA	NASM	NFPT	SCW
FR1 7:00am-8:15am							
FR1A - HIIT the TURF with Keenan-Stryka & Angelique Hughes	NA	1.25	0.75	1.0	0.1	0.25	1.25
FR1B - Boogie Barre with Mac Carvalho	0.125	1.25	0.75	1.0	0.1	0.25	1.25
FR1C - Tai Chi + Yoga = Bamboo Fusion with David Dorian-Ross	0.125	1.25	0.75	1.0	0.1	0.25	1.25
FR1D - Schwinn®: Breathly Not Breathless with Eric Thomson	0.125	1.25	0.75	1.0	0.1	0.25	1.25
FR1E - Welcome to the Jungle (Gym) - HIIT with Pete McCall	0.125	1.25	0.75	1.0	0.1	0.25	1.25
FR1F - TBD	NA	1.25	1.5	1.0	0.1	0.25	1.25
FR1G - Success Factors for Weight Loss with Tricia Silverman	0.125	1.25	1.5	1.0	0.1	0.25	1.25
FR1H - 10 Steps to Launching Successful Programs with Tricia Murphy-Madden	0.125	1.25	1.5	1.0	0.1	0.25	1.25
FR1I - GO VIRTUAL - The Challenge, The Payoff with Kelly Coulter	NA	1.25	1.5	1.0	0.1	0.25	1.25
FR2 8:35am-9:50am							
FR2A - LaBlast®: Ballroom Fitness Using PATTERNography with Louis Van Amstel	0.125	1.25	0.75	1.0	0.1	0.25	1.25
FR2B - Wellness RX for the Active Ager with Melissa Layne	0.125	1.25	0.75	1.0	0.1	0.25	1.25
FR2C - Resistance Yoga with Jeff Howard	0.125	1.25	0.75	1.0	0.1	0.25	1.25
FR2D - Schwinn®: Work, Not Twerk - Rhythm Results with Abbie Appel	0.125	1.25	0.75	1.0	0.1	0.25	1.25
FR2E - What's Your Type? with Sonja Friend-Uhl	0.125	1.25	0.75	1.0	0.1	0.25	1.25
FR2F - Barre-A-Cuda 2 with Manuel Velazquez & Billie Wartenberg	0.125	1.25	1.5	1.0	0.1	0.25	1.25
FR2G - Master of Mindful Eating with Dr. Candice Seti	0.125	1.25	1.5	1.0	0.1	0.25	1.25
FR2H - Cycling Evolution with Heath Debish	0.125	1.25	1.5	1.0	0.1	0.25	1.25
FR2I - Active Aging Panel with Ann Gilbert, Keli Roberts & Connie Warasila	0.125	1.25	1.5	1.0	0.1	0.25	1.25
FR3 10:10am-11:25am							
FR3A - Nothing But The HIITs with Tricia Murphy Madden & Leslee Bender	0.125	1.25	0.75	1.0	0.1	0.25	1.25
FR3B - Deep Stretch & the Aging with Ann Gilbert	0.125	1.25	0.75	1.0	0.1	0.25	1.25
FR3C - Relax and Recover with Rumbleroller® with Tripp Miller	0.125	1.25	0.75	1.0	0.1	0.25	1.25
FR3D - TBD	NA	1.25	0.75	1.0	0.1	0.25	1.25
FR3E - High Five - HIIT with Abbie Appel	0.125	1.25	0.75	1.0	0.1	0.25	1.25
FR3F - Making Waves with LaBlast® Splash with Louis Van Amstel	0.125	1.25	1.5	1.0	0.1	0.25	1.25
FR3G - Active Aging Nutrition Insights with Tricia Silverman	0.125	1.25	1.5	1.0	0.1	0.25	1.25
FR3H - Drive the Experience with Dane Robinson	NA	1.25	1.5	1.0	0.1	0.25	1.25
FR3I - Create a Service Culture with Lisa Gorsiline	NA	1.25	1.5	1.0	0.1	0.25	1.25
FR4 11:45am-1:00pm or 12:30pm-1:45pm							
FR4A - ZUMBA® Cardio Blast with Priscilla Mirabal	0.125	1.25	0.75	1.0	0.1	0.25	1.25
FR4B - Triple Threat Barre - Powered by SAVVIER® with Tricia Murphy-Madden, Robin Dayer & Leslee Bender	0.125	1.25	0.75	1.0	0.1	0.25	1.25
FR4C - Active Aging Chair Yoga with Jeff Howard & Sara Kooperman	0.125	1.25	0.75	1.0	0.1	0.25	1.25
FR4D - Schwinn®: A DJ Saved My Life with Eric Thomson	0.125	1.25	0.75	1.0	0.1	0.25	1.25
FR4E - Does Size REALLY Matter? with Pete McCall	0.125	1.25	0.75	1.0	0.1	0.25	1.25
FR4F - Choreography Overflow with Manuel Velazquez, Connie Warasila, Billie Wartenberg & Mac Carvalho	0.125	1.25	1.5	1.0	0.1	0.25	1.25
FR4G - Diets Are Like One Night Stands with Sohalia Digsby	0.125	1.25	1.5	1.0	0.1	0.25	1.25
FR4H - TBD	NA	1.25	1.5	1.0	0.1	0.25	1.25
FR4I - GRX: Streaming to Success with Jeff Howard	0.125	1.25	1.5	1.0	0.1	0.25	1.25
FR5 2:05pm-3:20pm							
FR5A - Creating Ingenious Circuits With Stroops with Ally Purdy	NA	1.25	0.75	1.0	0.1	0.25	1.25
FR5B - Training the Active Aging Female Client with Keli Roberts	0.125	1.25	0.75	1.0	0.1	0.25	1.25
FR5C - Yoga Strong with Jeff Howard	0.125	1.25	0.75	1.0	0.1	0.25	1.25
FR5D - Schwinn®: Dry-Tri: Beast Mode Fusion with Doris Thews	0.125	1.25	0.75	1.0	0.1	0.25	1.25
FR5E - The Cycle - HIIT with Sonya Friend-Uhl	0.125	1.25	0.75	1.0	0.1	0.25	1.25
FR5F - Bridge Over Troubled Waters with Connie Warasila	0.125	1.25	1.5	1.0	0.1	0.25	1.25
FR5G - Stopping Inflammation Through Nutrition with Melissa Layne	0.125	1.25	1.5	1.0	0.1	0.25	1.25
FR5H - Navigating Your Facility: GX, PT & Pool with Manuel Velazquez & Sara Kooperman	0.125	1.25	1.5	1.0	0.1	0.25	1.25
FR5I - The DNA: Successful Business Manager with Ann Gilbert	0.125	1.25	1.5	1.0	0.1	0.25	1.25

SATURDAY, August 22, 2020

Total Conference CECs (based upon attendance at all Conference Sessions)

*Provider Numbers supplied at end of convention

ACE = 2.0
 ACSM = 23.75
 AEA = 20
 AFAA = 19
 NASM = 1.9
 NFPT = 4.75
 SCW = 23.75

	ACE	ACSM	AEA	AFAA	NASM	NFPT	SCW
SA1 7:00am-8:15am							
SA1A - Group Mobility and Strength with Tripp Miller	0.125	1.25	0.75	1.0	0.1	0.25	1.25
SA1B - Aging Fit with Ann Gilbert	0.125	1.25	0.75	1.0	0.1	0.25	1.25
SA1C - Conscious Movement & Functional Yoga with Manuel Velazquez	0.125	1.25	0.75	1.0	0.1	0.25	1.25
SA1D - Schwinn®: Master Your One - Rock the Room with Abbie Appel	0.125	1.25	0.75	1.0	0.1	0.25	1.25
SA1E - Purpose, NOT Circus - HIIT with Sonya Friend-Uhl	0.125	1.25	0.75	1.0	0.1	0.25	1.25
SA1F - TBD	NA	1.25	1.5	1.0	0.1	0.25	1.25
SA1G - Kitchen Makeover for Weight Loss with Dr. Candice Seti	0.125	1.25	1.5	1.0	0.1	0.25	1.25
SA1H - Be Your Unique Selling Point with Courtney McWaine	0.125	1.25	1.5	1.0	0.1	0.25	1.25
SA1I - The Future of Personal Training Panel with Keli Roberts, Dane Robinson and Giovanni Roselli	0.125	1.25	1.5	1.0	0.1	0.25	1.25
SA2 8:35am-9:50am							
SA2A - The Ultimate Fitness Equation with Dane Robinson	NA	1.25	0.75	1.0	0.1	0.25	1.25
SA2B - Gliding Meets Barre - Powered by SAVVIER with Tricia Murphy-Madden	0.125	1.25	0.75	1.0	0.1	0.25	1.25
SA2C - Bulletproof the Low Back with Giovanni Roselli	0.125	1.25	0.75	1.0	0.1	0.25	1.25
SA2D - Schwinn®: F.E.A.R. Face Everything and RIDE with Keli Roberts	0.125	1.25	0.75	1.0	0.1	0.25	1.25
SA2E - Work Your Why with Pete McCall	0.125	1.25	0.75	1.0	0.1	0.25	1.25
SA2F - WATERinMOTION Strength with Manuel Velazquez, Mac Carvalho & Billie Wartenberg	0.125	1.25	1.5	1.0	0.1	0.25	1.25
SA2G - Putting an End to Stress Eating with Dr. Candice Seti	0.125	1.25	1.5	1.0	0.1	0.25	1.25
SA2H - Call to Close: Maximize Member Acquisition with David Steel	0.125	1.25	1.5	1.0	0.1	0.25	1.25
SA2I - Unlock Your New Dimension of Passion with Stacey Lei Krauss	0.125	1.25	1.5	1.0	0.1	0.25	1.25
SA3 10:10am-11:25am							
SA3A - LaBlast® Fitness: Waltz, Tango, Foxtrot! with Louis Van Amstel	0.125	1.25	0.75	1.0	0.1	0.25	1.25
SA3B - Bringing Up Boomers! with Ann Gilbert & Sara Kooperman	0.125	1.25	0.75	1.0	0.1	0.25	1.25
SA3C - Cardio Yoga™ - Cardio Focus with Stacey Lei Krauss	0.125	1.25	0.75	1.0	0.1	0.25	1.25
SA3D - TBD	NA	1.25	0.75	1.0	0.1	0.25	1.25
SA3E - Bring on the 4-Letter Words! - HIIT with Abbie Appel	0.125	1.25	0.75	1.0	0.1	0.25	1.25
SA3F - Aqua Abs: WIM-sy with Mac Carvalho	0.125	1.25	1.5	1.0	0.1	0.25	1.25
SA3G - Nutrition Panel with Sohalia Digsby, Melissa Layne, Tricia Silverman & Keli Roberts	0.125	1.25	1.5	1.0	0.1	0.25	1.25
SA3H - Artificial Intelligence Will Change How You Market with David Steel	0.125	1.25	1.5	1.0	0.1	0.25	1.25
SA3I - Stop Guessing What Your Members Want And Ask! with Chris Stevenson	0.125	1.25	1.5	1.0	0.1	0.25	1.25
SA4 11:45am-1:00pm or 12:30pm-1:45pm							
SA4A - STRONG by Zumba® with Abraham Hernandez	0.125	1.25	0.75	1.0	0.1	0.25	1.25
SA4B - Stroops Pilates Tower of Power with Abbie Appel	0.125	1.25	0.75	1.0	0.1	0.25	1.25
SA4C - Soul Yoga: Rhythm & Blues with Jeff Howard & Sara Kooperman	0.125	1.25	0.75	1.0	0.1	0.25	1.25
SA4D - Schwinn®: Ride and Row with Keli Roberts	0.125	1.25	0.75	1.0	0.1	0.25	1.25
SA4E - "Toning" is NOT a Thing with Sonya Friend-Uhl	0.125	1.25	0.75	1.0	0.1	0.25	1.25
SA4F - Platinum - Silver Tsunami with Manuel Velazquez, Billie Wartenberg & Mac Carvalho	0.125	1.25	1.5	1.0	0.1	0.25	1.25
SA4G - Training the Injured Runner with Tripp Miller	0.125	1.25	1.5	1.0	0.1	0.25	1.25
SA4H - Put the "Social" in Social Media with Christine Conti	NA	1.25	1.5	1.0	0.1	0.25	1.25
SA4I - New Hire to All Star with Chris Stevenson	0.125	1.25	1.5	1.0	0.1	0.25	1.25
SA5 2:05pm-3:25pm							
SA5A - 50 Unique Core Lovers Exercises with Tricia Murphy-Madden	0.125	1.25	0.75	1.0	0.1	0.25	1.25
SA5B - Turf - Barre Blend! with Abbie Appel	0.125	1.25	0.75	1.0	0.1	0.25	1.25
SA5C - From the Ground Up with Manuel Velazquez	0.125	1.25	0.75	1.0	0.1	0.25	1.25
SA5D - Schwinn®: Be the Vibe Master with Eric Thomson	0.125	1.25	0.75	1.0	0.1	0.25	1.25
SA5E - Your Brain on HIIT with Sonya Friend-Uhl	0.125	1.25	0.75	1.0	0.1	0.25	1.25
SA5F - LaBlast® Splash: Waltzing in the Water with Louis Van Amstel	0.125	1.25	1.5	1.0	0.1	0.25	1.25
SA5G - Nutrition for HIIT & LIIT Programs with Melissa Layne	0.125	1.25	1.5	1.0	0.1	0.25	1.25
SA5I - Fitness Trends for 2020 with Ann Gilbert & Sara Kooperman	0.125	1.25	1.5	1.0	0.1	0.25	1.25
SA5I - Make Money While You Sleep with Sohalia Digsby	0.125	1.25	1.5	1.0	0.1	0.25	1.25
SA6 3:45pm-5:00pm							
SA6A - Bodyweight Warrior with Giovanni Roselli	0.125	1.25	0.75	1.0	0.1	0.25	1.25
SA6B - Barre With a Twist with Abbie Appel	0.125	1.25	0.75	1.0	0.1	0.25	1.25
SA6C - Program Your Workout w/ Dance Corps with Danielle Dorsey	0.125	1.25	0.75	1.0	0.1	0.25	1.25
SA6D - Schwinn®: Rock Steady - Recovery Rides & Results with Keli Roberts	0.125	1.25	0.75	1.0	0.1	0.25	1.25
SA6E - TBD	NA	1.25	0.75	1.0	0.1	0.25	1.25
SA6F - Double Trouble: Bad Boys Of Aqua with Manuel Velazquez & Jeff Howard	0.125	1.25	1.5	1.0	0.1	0.25	1.25
SA6G - Fit Comes In Every Size with Rachel Lauria	NA	1.25	1.5	1.0	0.1	0.25	1.25
SA6H - Creative Member Experiences with Staci Alden	0.125	1.25	1.5	1.0	0.1	0.25	1.25
SA6I - The Big 5 MVT's with Dane Robinson	NA	1.25	1.5	1.0	0.1	0.25	1.25
SA7 5:20pm-6:35pm							
SA7A - Lower Extremity Training - Female Client with Keli Roberts	0.125	1.25	0.75	1.0	0.1	0.25	1.25
SA7B - Balletone - Where Cardio & Ballet Meet with Lisa Reynolds	0.125	1.25	0.75	1.0	0.1	0.25	1.25
SA7C - Stress-Busting Recovery Techniques with Giovanni Roselli	0.125	1.25	0.75	1.0	0.1	0.25	1.25
SA7G - What to Eat: End the Frustration with Sohalia Digsby	0.125	1.25	1.5	1.0	0.1	0.25	1.25
SA7H - How to Harness the Power of LinkedIn with Kimberlee Raya	NA	1.25	1.5	1.0	0.1	0.25	1.25
SA7I - Club Within a Club with Brook Benten	0.125	1.25	1.5	1.0	0.1	0.25	1.25

SUNDAY, August 23, 2020

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ACE = 2.0
 ACSM = 23.75
 AEA = 20
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 NASM = 1.9
 NFPT = 4.75
 SCW = 23.75

	ACE	ACSM	AEA	AFAA	NASM	NFPT	SCW
SU1 7:00am-8:15am							
SU1A - Personal Training - The Female Core with Keli Roberts	0.125	1.25	0.75	1.0	0.1	0.25	1.25
SU1B - The Golden Gait with Melissa Layne	0.125	1.25	0.75	1.0	0.1	0.25	1.25
SU1C - Upper Body Self Care with Tripp Miller	0.125	1.25	0.75	1.0	0.1	0.25	1.25
SU1D - Schwinn®: Ride or Die - Tribe Connection with Eric Thomson	0.125	1.25	0.75	1.0	0.1	0.25	1.25
SU1F - TBD	NA	1.25	1.5	1.0	0.1	0.25	1.25
SU1G - Food for Thought: Brain Superfoods with Tricia Silverman	0.125	1.25	1.5	1.0	0.1	0.25	1.25
SU1H - Get Your Business on the Google Map! with Kimberlee Raya	NA	1.25	1.5	1.0	0.1	0.25	1.25
SU1I - Building Team Relationships with Staci Alden	0.125	1.25	1.5	1.0	0.1	0.25	1.25
SU2 8:35am-9:50am							
SU2A - Consistent Resistance with Ally Purdy	NA	1.25	0.75	1.0	0.1	0.25	1.25
SU2B - Chair, Don't Care with Manuel Velazquez & Billie Wartenberg	0.125	1.25	0.75	1.0	0.1	0.25	1.25
SU2C - Core Forward Pilates with Jeff Howard	0.125	1.25	0.75	1.0	0.1	0.25	1.25
SU2D - Schwinn®: SchwINTENSITY with Keli Roberts	0.125	1.25	0.75	1.0	0.1	0.25	1.25
SU2F - Functionally Fit & Current with Ann Gilbert	0.125	1.25	1.5	1.0	0.1	0.25	1.25
SU2G - Sugar, Snacks & Heart Attacks with Sohailia Digsby	0.125	1.25	1.5	1.0	0.1	0.25	1.25
SU2H - Aquatic Programming For Success: The Ebbs & Flows with Connie Warasila	0.125	1.25	1.5	1.0	0.1	0.25	1.25
SU2I - From Passion to Profit with William Hofacker	0.125	1.25	1.5	1.0	0.1	0.25	1.25
SU3 10:10am-11:25am							
SU3A - HIIT the Turf: For Personal Trainers with Jenn Keenan-Stryska & Angelique Hughes	NA	1.25	0.75	1.0	0.1	0.25	1.25
SU3B - Sarcopenia & Strength Training with Melissa Layne	0.125	1.25	0.75	1.0	0.1	0.25	1.25
SU3C - Cardio Yoga™ - Yoga Focus with Stacey Lei Krauss	0.125	1.25	0.75	1.0	0.1	0.25	1.25
SU3F - Hydro Lift Off! with Jeff Howard	0.125	1.25	1.5	1.0	0.1	0.25	1.25
SU3G - Fad Diet Update with Sohailia Digsby	0.125	1.25	1.5	1.0	0.1	0.25	1.25
SU3H - What's Next After Personal Training with Courtney McWaine	0.125	1.25	1.5	1.0	0.1	0.25	1.25
SU3I - Evolution or Extinction with Rodney Morris	0.125	1.25	1.5	1.0	0.1	0.25	1.25
SU4 11:45am-1:00pm or 12:30pm-1:45pm							
SU4A - Weigh2Dance with Rachel Lauria	NA	1.25	0.75	1.0	0.1	0.25	1.25
SU4B - Core 55+ with Billie Wartenberg	0.125	1.25	0.75	1.0	0.1	0.25	1.25
SU4C - Rock and Roll with Brook Benten	0.125	1.25	0.75	1.0	0.1	0.25	1.25
SU4F - Ups & Downs of Aqua with Mac Carvalho	0.125	1.25	1.5	1.0	0.1	0.25	1.25
SU4G - Managing Menopause with Melissa Layne	0.125	1.25	1.5	1.0	0.1	0.25	1.25
SU4H - Power of Podcasting: Leverage Your Brand with Christine Conti	NA	1.25	1.5	1.0	0.1	0.25	1.25
SU4I - Vision Plan 2021- Small Boutiques & Studios with Ann Gilbert	0.125	1.25	1.5	1.0	0.1	0.25	1.25
SU5 2:05pm-3:25pm							
SU5A - Kettelbell: Gams & Glutes with Brook Benten	0.125	1.25	0.75	1.0	0.1	0.25	1.25
SU5B - Aging HIIT with Ann Gilbert	0.125	1.25	0.75	1.0	0.1	0.25	1.25
SU5C - The Art of Flow: Yoga Basics with Christine Conti	NA	1.25	0.75	1.0	0.1	0.25	1.25
SU5F - Aqua Yoga Flow with Connie Warasila	0.125	1.25	1.5	1.0	0.1	0.25	1.25
SU5G - Food Deconstructed with Tricia Silverman	0.125	1.25	1.5	1.0	0.1	0.25	1.25
SU5H - Small Facility, Big Profit with William Hofacker	0.125	1.25	1.5	1.0	0.1	0.25	1.25

Dallas MANIA® Pre-Con CEC Form

WEDNESDAY, August 19, 2020

*Provider Numbers supplied at end of convention

Certification	Presenter	ACE		ACSM		AEA		AFAA		NASM		NFPT		SCW	
		CECs	Provider #	CECs	Provider #	CECs	Provider #	CECs	Provider #	CECs	Provider #	CECs	Provider #	CECs	Provider #
SCW Active Aging Certification	Layne	0.7		8.0		4.0		7.0		0.7		1.6		8.0	
SCW Aquatic Exercise Certification	Warasila	0.7		8.0		9.0		8.0		0.8		1.6		8.0	
SCW HIIT Certification	Roberts	0.5		6.0		3.0		6.0		0.6		1.2		6.0	
SCW T'ai Chi Certification	Howard	0.7		8.0		7.0		8.0		0.8		1.6		8.0	

THURSDAY, August 20, 2020

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Certification	Presenter	ACE		ACSM		AEA		AFAA		NASM		NFPT		SCW	
		CECs	Provider #	CECs	Provider #	CECs	Provider #	CECs	Provider #	CECs	Provider #	CECs	Provider #	CECs	Provider #
SCW Active Aging Nutrition Certification	Silverman	0.4		4.0		4.0		NA		0.4		0.8		4.0	
SCW Aqua Barre Certification	Wartenberg	0.7		6.0		6.0		6.0		0.6		1.2		6.0	
SCW Group Exercise Certification	Howard	NA		8.0		4.5		8.0		0.8		1.6		8.0	
SCW Meditation Certification	Warasila	0.4		4.0		NA		4.0		0.4		0.8		4.0	
SCW Next Level Personal Training Certification	Roberts	NA		4.0		4.0		NA		NA		0.8		4.0	
SCW Nutrition Coaching Certification	Layne	0.7		7.0		7.0		7.0		0.7		1.4		7.0	
SCW Personal Training Certification	Roberts	NA		8.0		4.0		NA		NA		1.6		8.0	
SCW Pilates Matwork Certification	Appel	0.8		8.0		4.5		8.0		0.8		1.6		8.0	
SCW Yoga 1 Certification	Velazquez	0.8		8.0		4.0		7.0		0.7		1.6		8.0	
Barre Above® Certification	Murphy-Madden	1.2		NA		NA		12.0		1.2		NA		12.0	
Schwinn Cycling Instructor Certification	Thews & Thomson	1.2		9.0		NA		8.0		0.8		NA		9.0	
ZUMBA® Basic Skills Level 1 Certification	Mirabar	0.7		8.0		NA		5.5		NA		NA		8.0	

SUNDAY, August 23, 2020

*Provider Numbers supplied at end of convention

Certification	Presenter	ACE		ACSM		AEA		AFAA		NASM		NFPT		SCW	
		CECs	Provider #	CECs	Provider #	CECs	Provider #	CECs	Provider #	CECs	Provider #	CECs	Provider #	CECs	Provider #
SCW Barre Certification	Appel	0.6		7.0		4.0		7.0		0.7		1.4		7.0	
WATERinMOTION® Certification	Velazquez	0.9		7.0		8.0		7.0		0.7		1.4		7.0	
Extreme HIIT Chaos Certification	Erickson	0.7		7.0		NA		7.0		0.7		NA		7.0	
Strong by ZUMBA® Certification	Hernandez	0.8		8.0		NA		8.0		NA		NA		8.0	
HIIT Just Got Real Certification	Friend-Uhl	0.4		4		NA		4		0.4		NA		4.0	