



SCW Aqua Exercise Summit May 1st CEC Form

*Please print this form, circle applicable sessions, and save for your records. You do not need to send this form to SCW Fitness since there is record of your participation.

**If you renew an SCW Certification, you also do not need to send this form to SCW Fitness.

Please renew your SCW Certification by going to the following website: www.scwfit.com/certification-renewal

***To renew your SCW Certification, you need 20 Continuing Education Credits every 2 years: www.scwfit.com/certifications-faqs

Total Conference CECs (based upon attendance at all Conference Sessions)

SCW = 7.5

ACE = 0.75

ACSM = 7.5

AEA = 6

AFAA = 6

NASM = 0.6

SATURDAY, May 1, 2021

	SCW	ACE	ACSM	AEA	AFAA	NASM
Provider Number	AA21	11237	NA	11237	11237	316
SA1 8:00am-9:15am CST						
SA1A: H2O Tap Out with Harley Cofield		0.125	0.125	1.0	1.0	0.1
SA1B: Retro Waves Revisted with Ann Gilbert		1.25	0.125	1.0	1.0	0.1
SA1C: H2O - Cue, Pace, Resist with MaryBeth Dziubinski		1.25	0.125	1.0	1.0	0.1
SA1D: Aqua Core Senior Style with Cheri Kulp		1.25	0.125	1.25	1.0	1.0
SA2 9:35am-10:50am CST						
SA2A: Mix-Match Aqua Moves to the Max with Jeff Howard		0.125	1.25	1.0	1.0	0.1
SA2B: Platinum - Silver Tsunami with Cheri Kulp		0.125	1.25	1.0	1.0	0.1
SA2C: Aqua ZUMBA™ with Jenna Bostic		0.125	1.25	1.0	1.0	0.1
SA2D: Aquatic Programming for Success with Sara Kooperman		0.125	1.25	1.0	1.0	0.1
SA3 11:10am-12:25pm CST						
SA3A: Tab Aqua Quickies with Jeff Howard		1.25	0.125	1.25	1.0	1.0
SA3B: Aqua Yoga Flow with Connie Warasila		1.25	0.125	1.25	1.0	1.0
SA3C: Aquatic Total Body Conditioning with MaryBeth Dziubinski		1.25	0.125	1.25	1.0	1.0
SA3D: Fluid Core Fusion with Manuel Velazquez		1.25	0.125	1.25	1.0	1.0
SA4 1:25pm-2:40pm CST						
SA4A: Turbulence Training with Irene Kuntz		1.25	0.125	1.25	1.0	1.0
SA4B: Aqua Yoga Barre with Billie Warasila		1.25	0.125	1.25	1.0	1.0
SA4C: WATERinMOTION Strength with Cheri Kulp		1.25	0.125	1.25	1.0	1.0
SA4D: The Future of Aqua Exercise Panel with Kooperman, Howard, Dziubinski, & Warasila		1.25	0.125	1.25	1.0	1.0
SA5 3:00pm-4:15pm CST						
SA5A: Aqua Aerobic Dance with Manuel Velazquez		1.25	0.125	1.25	1.0	1.0
SA5B: Aqua Running for Mature Adults with Ann Gilbert		1.25	0.125	1.25	1.0	1.0
SA5C: Pool Moves: 8 Tools to Remember with Connie Warasila		1.25	0.125	1.25	1.0	1.0
SA5D: Aqua Running & Core with Billie Warasila		1.25	0.125	1.25	1.0	1.0
SA6 4:55pm-6:10pm CST						
SA6A: Aqua Pilates with Ann Gilbert		1.25	0.125	1.25	1.0	1.0
SA6B: Aqua Pilates with Harley Cofield		1.25	0.125	1.25	1.0	1.0
SA6C: One Hand Buoy Experience with Manuel Velazquez		1.25	0.125	1.25	1.0	1.0
SA6D: New Trends in Aqua Exercise Panel with Kooperman, Howard, Dziubinski, & Warasila		1.25	0.125	1.25	1.0	1.0