



## SCW Aqua Exercise Summit June 25th CEC Form

\*Please print this form, circle applicable sessions, and save for your records. You do not need to send this form to SCW Fitness since there is record of your participation.

\*\*If you renew an SCW Certification, you also do not need to send this form to SCW Fitness.

Please renew your SCW Certification by going to the following website: [www.scwfit.com/certification-renewal](http://www.scwfit.com/certification-renewal)

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### Total Conference CECs (based upon attendance at all Conference Sessions)

SCW = 7.5

ACE = 0.7

ACSM = 7.5

AEA = 7.5

AFAA = 6

NASM = 0.6

### SATURDAY, June 25, 2022

	SCW	ACE	ACSM	AEA	AFAA	NASM
Provider Number						
<b>SA1 8:00am-9:15am</b>						
SA1A: Ab Arsenal with Ann Gilbert		0.125	0.125	1.0	1.0	0.1
SA1B: Swim Up Barre with Rosie Malaghan	1.25	0.125	1.25	1.0	1.0	0.1
SA1C: Aquatic Total Body Conditioning with MaryBeth Dziubinski	1.25	NA	1.25	1.0	1.0	0.1
SA1D: Oceans Deep with Jessica Pinkowski	1.25	0.125	1.25	1.0	1.0	0.1
SA1E: Aqua Running & Conditioning with Billie Wartenberg	1.25	0.125	1.25	1.0	1.0	0.1
<b>SA2 9:35am-10:50am</b>						
SA2A: Hydro Lift Off! with Jeff Howard	1.25	0.125	1.25	1.0	1.0	0.1
SA2B: Aqua Ease: Flexibility for Active Agers with Manuel Velazquez	1.25	0.125	1.25	1.0	1.0	0.1
SA2C: Barracuda Booty with Cheri Kulp	1.25	0.125	1.25	1.0	1.0	0.1
SA2D: Aquatic Programming For Success: The Ebbs And Flows with Sara Kooperman	1.25	0.125	1.25	1.0	1.0	0.1
SA2E: Aqua Core Senior Style with Cheri Kulp	1.25	0.125	1.25	1.0	1.0	0.1
<b>SA3 11:10am-12:25pm</b>						
SA3A: Progressive Aqua VIIT with Rosie Malaghan	1.25	0.125	1.25	1.0	1.0	0.1
SA3B: Front & Center with Ann Gilbert	1.25	0.125	1.25	1.0	1.0	0.1
SA3C: Liquid Levels with Jessica Pinkowski	1.25	0.125	1.25	1.0	1.0	0.1
SA3D: New Trends in Aquatic Exercise with Kooperman, Howard, & Velazquez	1.25	NA	1.25	1.0	1.0	0.1
SA3E: Tab Aqua Quickies with Jenna Bostrom	1.25	0.125	1.25	1.0	1.0	0.1
<b>SA4 1:25pm-2:40pm</b>						
SA4A: HIIT the Wall with Ann Gilbert	1.25	0.125	1.25	1.0	1.0	0.1
SA4B: Aqua Yoga Barre with Billie Wartenberg	1.25	0.125	1.25	1.0	1.0	0.1
SA4C: Splash & Smash with Rosie Malaghan	1.25	0.125	1.25	1.0	1.0	0.1
SA4D: Aqua Cardio! with Jenna Bostrom	1.25	0.125	1.25	1.0	1.0	0.1
SA4E: Aqua Fluid Core Fusion with Manuel Velazquez	1.25	NA	1.25	1.0	1.0	0.1
<b>SA5 3:00pm-4:15pm</b>						
SA5A: Aqua HIIT with Ann Gilbert	1.25	0.125	1.25	1.0	1.0	0.1
SA5B: Aqua Cardio through the Ages with Cheri Kulp	1.25	0.125	1.25	1.0	1.0	0.1
SA5C: AB-solute Strength! with Chris	1.25	0.125	1.25	1.0	1.0	0.1



SA5D: Cheeks for Weeks with Ann Gilbert	1.25	0.125	1.25	1.0	1.0	0.1
SA5E: H2O - Cue, Pace, Resist with MaryBeth Dziubinski	1.25	0.125	1.25	1.0	1.0	0.1
<b>SA6 4:35pm-5:50pm</b>						
SA6A: Mix-Match Aqua Moves to the Max with Jeff Howard	1.25	0.125	1.25	1.0	1.0	0.1
SA6B: Water Choreo & Knee Adaptation with Manuel Velazquez	1.25	0.125	1.25	1.0	1.0	0.1
SA6C: Power to the Pool with MaryBeth Dziubinski	1.25	NA	1.25	1.0	1.0	0.1
SA6D: Rising Tides with Cheri Kulp	1.25	0.125	1.25	1.0	1.0	0.1
SA6E: HIIT the Pool Running with Ann Gilbert	1.25	0.125	1.25	1.0	1.0	0.1
<b>TOTALS</b>						

If you require any assistance securing CECs/CEUs from other organizations, please reach out to [registrars@scwfit.com](mailto:registrars@scwfit.com). We are here to help!

First Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

Email Address: \_\_\_\_\_

SAMPLE



## SCW Aqua Exercise Summit June 25-26, 2021 Post-Con CEC Form

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### SUNDAY, June 26, 2022

Certification	Presenter	SCW		ACE		ACSM		AEA		AFAA		NASM	
		CECs	Provider #	CECs	Provider #	CECs	Provider #	CECs	Provider #	CECs	Provider #	CECs	Provider #
SCW Aqua Barre Certification	Wartenberg	6.0		0.7		6.0		6.0		6.0		0.6	
SCW Aquatic Exercise Certification	Howard	8.0		0.7		8.0		9.0		8.0		0.0	
WATERinMOTION® Certification	Kulp	7.0		0.9		7.0		8.0		7.0			

If you require any assistance securing CECs/CEUs from other organizations, please contact us at [cert@scwfit.com](mailto:cert@scwfit.com). We are here to help!

First Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

Email Address: \_\_\_\_\_